

**CARDIAC REHABILITATION
PROGRAMME FINDER**

SCOTLAND

A-Z BY COUNTY

Programme:	Cardiac Rehabilitation, Aberdeen
Contact:	Brenda Anderson
Telephone:	01224 553946
Fax:	
Email:	brenda.anderson@nhs.net
Address:	Aberdeen Royal Infirmary Westburn Centre Westburn Road Aberdeen AB25 2AY

Programme:	Cardiac Rehabilitation, Airdrie
Contact:	Fay Haggarty
Telephone:	01236 748748 Bp 244
Fax:	
Email:	fay.haggarty@lanarkshire.scot.nhs.uk
Address:	Monklands District Hospital Monkscourt Avenue Airdrie ML6 0JS

Programme:	Cardiac Rehabilitation Department, Alexandria
Contact:	Linda Harley
Telephone:	01389 754121
Fax:	
Email:	
Address:	Vale of Leven District General Hospital Main Street Alexandria G83 0UA

Programme:	Cardiac Rehab NHS Ayrshire & Arran, Ayr
Contact:	Janet McKay
Telephone:	01563 577175
Fax:	
Email:	janet.mckay@aaaht.scot.nhs.uk
Address:	Ayr Hospital Dalmellington Road Ayr KA6 6DX

Programme:	Arran Cardiac Rehabilitation, Brodick, Isle of Arran
Contact:	Jo Earle
Telephone:	01770 600516
Fax:	
Email:	
Address:	Auchrannie Fitness Suite Auchrannie Country House Hotel Brodick, Isle of Arran KA27 8BZ

Programme:	Cluden Cardiac Unit, Dumfries
Contact:	Linda Lockhart
Telephone:	01387 241322
Fax:	
Email:	linda.lochart@nhs.uk
Address:	Cluden East Crichton Hall Glencaple Road Dumfries DG1 4TG

Programme:	Stracathro, Angus Cardiac Rehab c/o Ninewells, Dundee
Contact:	Zanna Christie
Telephone:	01382 632114
Fax:	
Email:	
Address:	Cardiac Rehabilitation Office Wards 1/2 Ninewells Hospital Dundee DD1 9SY

Programme:	Cardiac Rehabilitation, Duns
Contact:	Katherine Elliot
Telephone:	0131 883373
Fax:	
Email:	
Address:	Physiotherapy Knoll Health Centre Station Road Duns TD11 3F1

Programme:	Cardiac Rehabilitation Programme, East Kilbride
Contact:	Faye McSpurren
Telephone:	01355 585302/585384
Fax:	
Email:	Faye.Mcspurren@lanarkshire.scot.nhs.uk
Address:	Hairmyres Hospital Eaglesham Road East Kilbride G75 8RG

Programme:	Cardiac Rehabilitation, Edinburgh
Contact:	Anne Ovens
Telephone:	0131 5361000 / 0131 2421796
Fax:	
Email:	Anne.ovens@luht.scot.nhs.uk
Address:	New Royal Infirmary Little France Edinburgh EH16 4SU

Programme:	Cardiac Rehabilitation, Edinburgh
Contact:	Judith Downie
Telephone:	0131 5379119
Fax:	
Email:	Judith.downie@lpct.scot.nhs.uk
Address:	Western General Hospital, Ward 52 Ann Ferguson Building Crewe Road Edinburgh EH4 2XU

Programme:	Cardiac Rehabilitation Lothian, Edinburgh
Contact:	Iain Todd
Telephone:	0131 537 9236
Fax:	
Email:	iain.todd@lpct.scot.nhs.uk
Address:	Astley Ainslie Hospital Grange Loan Edinburgh EH9 2HL

Programme:	Cardiac Rehabilitation, Elgin
Contact:	Trudie Inrig
Telephone:	01343 567667
Fax:	
Email:	trudie.inrig@nhs.net
Address:	Ward 9 Dr Grays Hospital Elgin IV30 1SN

Programme:	Fife Cardiac Rehabilitation Service, Fife
Contact:	Jemima Traill
Telephone:	01592 226987
Fax:	01592 226989
Email:	jemimatraill@nhs.net
Address:	Cameron Hospital Cameron Bridge Windygates Fife KY8 5RR

Programme:	Cardiac Rehabilitation Lochaber, Fort William
Contact:	Kenny MacKintosh
Telephone:	01397 707404 / 705592
Fax:	
Email:	kenny.mackintosh@nhs.net
Address:	Cardiac Rehab Facilitator, Physio Dept Belford Hospital Fort William PH33 6BS

Programme:	Cardiac Rehabilitation, Glasgow
Contact:	Sister June Cahill
Telephone:	0141 201 3073
Fax:	
Email:	janine.scott@northglasgow.scot.nhs.uk
Address:	Department of Cardiac Rehabilitation, Edward Unit Stobhill NHS Trust Balornock Road Glasgow G21 3UW

Programme:	Cardiac Rehabilitation Service, Glasgow
Contact:	Myra McKenna
Telephone:	0141 2011177
Fax:	
Email:	myra.mckenna@sgh..scot.nhs.uk
Address:	c/o Medical Unit C Southern General Hospital 1345 Govan Road Glasgow G51 4TF

Programme:	Heartbeat - Surgical Rehabilitation and Medical Rehabilitation, Glasgow
Contact:	Lynne Scott
Telephone:	0141 211 2817
Fax:	
Email:	lynne.scott2@nhs.net
Address:	Basement, Administration Building Western Infirmary Dumbarton Road Glasgow G11 6NT

Programme:	Cardiac Rehabilitation, Glasgow
Contact:	Myra McKenna
Telephone:	0141 347 8110 / 8111
Fax:	
Email:	myra.mckenna@nhs.net
Address:	Cardiac Rehabilitation Centre New Victoria Hospital Grange Road Glasgow G42 9LF

Programme:	Glasgow Royal Infirmary Rehab, Glasgow
Contact:	Yvonne McBride
Telephone:	0141 211 4009
Fax:	
Email:	yvonne.mcbride@northglasgow.scot.nhs.uk
Address:	Cuthbertson Building Glasgow Royal Infirmary 16 Alexandra Parade Glasgow G31 2ER

Programme:	Inverclyde Royal Cardiac Rehab, Greenock
Contact:	Kirsty Marks
Telephone:	01475 504468
Fax:	
Email:	kirsty.marks@irh.scot.nhs.uk
Address:	Inverclyde Royal NHS Trust Larkfield Road Greenock PA16 0XN

Programme:	East Lothian Cardiac Rehabilitation Group, Haddington
Contact:	Jennifer Elliot / Dr Rob Lawson
Telephone:	01620 828300
Fax:	
Email:	rob@gul.me.uk
Address:	Newton Port Surgery Newton Port Haddington EH41 3NF

Programme:	Raigmore Cardiac Rehabilitation Programme, Inverness
Contact:	Helen Corrigall
Telephone:	01463 704554
Fax:	01463 705718
Email:	helen.corrigall@nhs.net
Address:	Cardiac Rehabilitation Department Highland Heartbeat Centre Raigmore Hospital Inverness IV2 3UJ

Programme:	Cardiac Rehabilitation Programme, Kilmarnock
Contact:	Janet McKay
Telephone:	01563 577175
Fax:	
Email:	janet.mckay@aaaht.scot.nhs.uk
Address:	Lister Centre Crosshouse Hospital Kilmarnock KA2 0BE

Programme:	Fife Acute Hospitals Cardiac Rehab Programme, Kircaldy
Contact:	Susan Pearson
Telephone:	01592 643355 Ext 8561
Fax:	
Email:	susan.pearson@faht.scot.nhs.uk
Address:	c/o Ward 15 Victoria Hospital Hayfield Road Kircaldy KY2 5AH

Programme:	Cardiac Rehabilitation, Kirkwall, Orkney
Contact:	Amanda Manson
Telephone:	01856 888195
Fax:	
Email:	amanda.manson@nhs.net
Address:	Balfour Day Hospital New Scapa Road Kirkwall, Orkney KW15 1BH

Programme:	Cardiac Rehabilitation Programme, Lerwick
Contact:	Marie Hurson
Telephone:	01595 743229
Fax:	
Email:	marie.hurson@shb.shetland.scot.nhs.uk
Address:	Gilbert Bain Hospital Lerwick ZE1 0TB

Programme:	Cardiac Rehabilitation West Lothian NHS Trust, Livingston
Contact:	Frances Divers
Telephone:	01506 419666
Fax:	
Email:	Frances.divers@wlt.scot.nhs.uk
Address:	St John's Hospital Howden West Livingston EH54 6PP

Programme:	Cardiac Rehabilitation, Melrose
Contact:	Jennifer Elliott / Linda Gray
Telephone:	01896 826550 Bleep: 6550
Fax:	
Email:	jelliott@borders.scot.nhs.uk
Address:	Physiotherapy Department Borders General Hospital Melrose TD6 9BS

Programme:	Cardiac Nurse Specialist, Oban
Contact:	Elizabeth Graham
Telephone:	01631 789080
Fax:	
Email:	betty.graham@nhs.net
Address:	Lorn & Islands DGH Glengallon Road Oban PA34 4HH

Programme:	Health at Heart Cardiac Rehabilitation, Paisley
Contact:	Mhairi Campbell
Telephone:	0141 314 6852
Fax:	
Email:	mhairi.campbell@rah.scot.nhs.uk
Address:	Health At Heart Cardiac Rehab Centre Royal Alexandra Hospital Corsebar Road Paisley PA2 9PN

Programme:	PRI Cardiac Rehab, Perth
Contact:	Lesley Brooks
Telephone:	01738 473944
Fax:	
Email:	lesley.brooks@nhs.net
Address:	c/o Cardiology Department Perth Royal Infirmary Taymount Terrace Perth PH1 1NX

Programme:	Cardiac Rehabilitation, Stirling
Contact:	Catherine Mondoa
Telephone:	
Fax:	
Email:	cmondoa@nhs.net
Address:	Stirling Royal Infirmary Livilands Gate Stirling FK8 2AU

Programme:	Coordinator, Stornoway, Isle of Lewis
Contact:	Donela Campbell
Telephone:	01851 708035
Fax:	
Email:	
Address:	NHS Western Isles CHD & Stroke Managed Clin Network Western Isles Health Board 37 South Beach Stornoway, Isle of Lewis HS1 2BB

Programme:	Cardiac Rehabilitation Department, Wick
Contact:	Catriona Sutherland
Telephone:	01955 880261
Fax:	
Email:	
Address:	Caithness General Hospital Bankhead Road Wick KW1 5NS

Programme:	Cardiac Rehabilitation Course, Wishaw
Contact:	Una Walker
Telephone:	01698 366449
Fax:	
Email:	una.walker@lanarkshire.scot.nhs.uk
Address:	c/o Ward 4, Cardiology Wishaw General Hospital Netherton Street Wishaw ML2 0DP

Angus

Programme:	Cardiac Rehab Office, Dundee
Contact:	Helen Miller
Telephone:	01382 632114
Fax:	
Email:	helenmiller@nhs.net
Address:	Ninewells Hospital Wards 1/2 Dundee Angus DD1 9SY

Argyllshire

Programme:	Cardiac Rehabilitation, Dunoon
Contact:	Cardiac Rehabilitation Co-ordinator
Telephone:	01369 704341
Fax:	
Email:	hmcintyre@nhs.net
Address:	Dunoon District General Hospital 246 Argyll Street Dunoon Argyllshire PA23 7RL

Fife

Programme:	Vascular Service Long Term Conditions Team, Ladybank
Contact:	Vivienne Harris
Telephone:	01337 832116
Fax:	
Email:	vivienne.harris@nhs.net
Address:	Ladybank Clinic Commercial Road Ladybank Fife KY15 7JS